## NCRTA Summer Picnic 2008 - Schedule

10-10:30AM - Registration
10:30AM - Events start
12:30PM - Lunch break
3:00PM - Tea break
5:00PM - Award Ceremony

| NCRTA Summer Picnic 2008 - Events List for 7 and Under |  |  |  |
| :---: | :---: | :---: | :---: |
| Item | Time | Program List | Group age (years) |
| 1 | 10:30 | 50m race for boys | Under 5 |
| 2 | 10:35 | 50m race for girls | Under 5 |
| 3 | 10:40 | 100m race for boys | 5-7 |
| 4 | 10:45 | 100m race for boys | 5-7 |
| 5 | 10:50 | 50m Elephant walk for boys | Under 5 |
| 6 | 10:55 | 50m Elephant walk for girls | Under 5 |
| 7 | 11:00 | 50m race then pick lollipops with mouth for boys | 5-7 |
| 8 | 11:05 | 50m race then pick lollipops with mouth for girls | 5-7 |
| 9 | 11:10 | 50m Rabbit hop for boys | Under 5 |
| 10 | 11:15 | 50m Frog jump for girls | Under 5 |
| 11 | 11:20 | 50 m race then fill the bottle with water then run 50m for boys | 5-7 |
| 12 | 11:30 | 50 m race then fill the bottle with water then run 50m for girls | 5-7 |
| 13 | 11:35 | Lollipop collecting race for boys | Under 5 |
| 14 | 11:40 | Lollipop collecting race for girls | Under 5 |
| 15 | 11:45 | 50 m race then fill the bottle with water then run 50m for boys | 5-7 |
| 16 | 11:55 | 50 m race then fill the bottle with water then run 50m for girls | 5-7 |
| 17 | 12:00 | Relay race for boys | 5-7 |
| 18 | 12:15 | Relay race for girls | 5-7 |
| LUNCH FOR KIDS |  |  |  |


| NCRTA Summer Picnic 2008 - Events List for 16 and Under |  |  |  |
| :---: | :---: | :---: | :---: |
| Item | Time | Program List | Group age (years) |
| 1 | 10:30 | 150m race for boys | 8-9 |
| 2 | 10:35 | 150m race for girls | 8-9 |
| 3 | 10:40 | 100m race for boys | 10 \& 11 |
| 4 | 10:45 | 100m race for girls | 10 \& 11 |
| 5 | 10:50 | 100 m race for boys | 12-16 |
| 6 | 10:55 | 100m race for girls | 12-16 |
| 7 | 11:00 | 100m sack race for boys | 8-9 |
| 8 | 11:05 | 100m skipping race for girls | 8-9 |
| 9 | 11:10 | 50m balanced walk for boys | Over 9 |
| 10 | 11:15 | 50m balanced walk for girls | Over 9 |
| 11 | 11:20 | 50m race then fill cups with water then walk 50 m (both hands) for boys | 8-9 |
| 12 | 11:25 | 50 m race then fill cups with water then walk 50 m (both hands) for girls | 8-9 |
| 13 | 11:30 | 4x50m relay for boys | Over 9 |
| 14 | 11:35 | $4 \times 50 \mathrm{~m}$ relay for girls | Over 9 |
| 15 | 11:40 | Sack race for boys | 10 \& 11 |
| 16 | 11:45 | Sack race for girls | 10 \& 11 |
| 17 | 11:50 | 3-legged race for boys | 12-16 |
| 18 | 11:55 | 3-legged race for gilrs | 12-16 |
| 19 | 12:00 | 50m skipping race for girls | 9-11 |
| 20 | 12:05 | Wheel Barrow race for boys | Over 9 |
| 21 | 12:15 | 50m skipping race for girls | 12 and Over |
| LUNCH |  |  |  |
| 22 | 40 mins | Ellai (rounders ) for boys and girls | Over 9 |
| 23 | 30 mins | Dog and bone for boys | Over 9 |
|  |  | Dog and bone for girls | Over 9 |


| NCRTA Summer Picnic 2008 - Events List for Seniors |  |  |  |
| :---: | :---: | :---: | :---: |
| Item | Time | Program List | Group age (years) |
| 1 | 11:00 | Obstacles race for Gents | Seniors |
| 2 | 11:15 | Obstacles race for Ladies | Seniors |
| 3 | 11:30 | Walking race for Gents | Seniors |
| 4 | 11:45 | Walking race for Ladies | Seniors |
| LUNCH |  |  |  |
| 5 |  | Musical Chair (mixed) | Seniors |
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| NCRTA Summer Picnic 2008 - Events List for Adults |  |  |  |
|  |  |  |  |
| Item | Time | Program List | Group age (years) |
| 1 | 12:30 | 100m race | Adults (Gents) |
| 2 | 12:35 | 100 m race | Adults (Ladies) |
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| 3 | 12:45 | Balloon race / Tissue wrapping | Couples |
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| 4 | All day | Volleyball | Adults |
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| LUNCH |  |  |  |
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| 5 |  | Tug-of-war (Ladies) | Adults |
| 6 |  | Tug-of-war (Gents) | Adults |
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| 7 | All day | Killiththaddu (Ladies) | Adults |
| 8 | All day | Killiththaddu (Gents) | Adults |
|  |  |  |  |
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| TEA |  |  |  |
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| 9 |  | Marathon for all age if time permits | Adults |
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